

BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER

March 2017

Lunch menus include 8oz 1% Milk & 4oz Juice

Menus shown for Friday & Saturday are for Meals-On-Wheels Clients

NOTE: Lunch is served at Brookletts Place at Noon, Monday through Thursday ONLY

Menu changed week starting March 13

Week 4 Monday 2/27	Tuesday 2/28	Wednesday 3/01	Thursday 3/02	Friday 3/03 MOW ONLY	Saturday 3/04 MOW ONLY
Cheeseburger on Bun BBQ Baked Beans Steamed Buttered Broccoli Fresh Orange Milk/Juice	Baked Chicken Breast w/ Gravy Herb Stuffing Glazed Carrots Ambrosia Salad W.W. Bread w/ Marg. Milk/Juice	Hot Roast Beef & Gravy Mashed Potatoes Green Beans Melon Cup W.W. Roll w/ Marg. Milk/Juice	Low Salt Ham Steak Baked Macaroni & Cheese Calif. Blend Vegetables Diced Peaches W.W. Bread w/ Marg. Milk/Juice	Baked Breaded Sole Fish Au Gratin Potatoes Stewed Tomatoes Banana Cornbread w/ Marg. Milk/Juice	Minestrone Soup Cheese & Spinach Quiche Diced Peaches W.W. Crackers (6) Milk/Juice
Week 1 Monday 3/06	Tuesday 3/07	Wednesday 3/08	Thursday 3/09	Friday 3/10 MOW ONLY	Saturday 3/11 MOW ONLY
Meat Loaf Creamy Mashed Potatoes Mixed Vegetables Mandarin Oranges W.W. Bread w/ Marg. Milk/Juice	Chicken Pot Pie Topped w/ Biscuit Buttered Brussels Sprouts Applesauce Milk/Juice	Tuna Salad Sandwich on W.W. Bread Peas & Carrots Oven Fries Pineapples Milk/Juice	Gene Edwards Review Baked Pork Chop Yellow Squash Casserole Rice Pilaf Fruit Jello W.W. Bread w/ Marg. Milk/Juice	Vegetable & Bean Soup Chicken Salad Sandwich on W.W. Bread Diced Pears Milk/Juice	BBQ Beef on Bun Scalloped Potatoes Green Beans Diced Peaches Milk/Juice
*Week 1 Monday 3/13	Tuesday 3/14	Wednesday 3/15	Thursday 3/16	Friday 3/17 MOW ONLY	Saturday 3/18 MOW ONLY
Baked Rock Fish Green Lima Beans Stewed Tomatoes Diced Pears W.W. Bread w/ Marg. Milk/Juice	Chef Salad, Mixed Greens, Egg Shredded Cheese, Turkey, Low Salt Ham, Tomato Wedge (3) Macaroni Salad Fruit Cup Fresh Baked Muffin Milk/Juice	Roast Turkey & Gravy Creamy Mashed Potatoes Green Beans Slice Peaches W.W. Bread w/ Marg. Milk/Juice	Chicken Cordon Bleu Rice Pilaf Seasoned Peas Fresh Orange W.W. Bread w/ Marg. Milk/Juice	Swedish Meatballs Buttered Egg Noodles Steamed Carrots Fruit Cocktail W.W. Bread w/ Marg. Milk/Juice	Breaded Chicken Breast Tenders Seasoned Pinto Beans Steamed Cauliflower Apple Crisp W.W. Bread w/ Marg. Milk/Juice
Week 2 Monday 3/20	Tuesday 3/21	Wednesday 3/22	Thursday 3/23	Friday 3/24 MOW ONLY	Saturday 3/25 MOW ONLY
Beef Hot Dog on Roll Sweet Potato Waffle Fries Wax Beans Fresh Plum Milk/Juice	Oven Fried Chicken Baked Beans Steamed Broccoli Apricots W.W. Bread w/ Marg. Milk/Juice	Cheeseburger on Bun Oven Potato Wedges Vegetable Blend Pineapple Tidbit Milk/Juice	Chicken Salad on Bun 3-Bean Salad Potato Salad Fruit Jello Milk/Juice	Baked Flounder Macaroni & Cheese Brussel Sprouts Applesauce W.W. Bread w/ Marg. Milk/Juice	BBQ Ribs on Bun Oven Baked French Fries Steamd Spinach Fresh Orange Milk/Juice

Suggested contribution for lunch is \$2.75 for those 60 and older. Those under 60 are required to pay \$5.50.

Week 3 Monday 3/27	Tuesday 3/28	Wednesday 3/29	Thursday 3/30	Friday 3/31 MOW ONLY	Saturday 4/01 MOW ONLY
Salisbury Steak Mashed Potatoes Season Mixed Vegetables Mandarin Oranges W.W. Bread w/ Marg. Milk/Juice	Shelley Abbott Lima Bean w/ Cron & Tomato Soup Turkey & Cheese on W.W. Bread Fresh Melon Cup Milk/Juice	Baked Chicken Au Gratin Potatoes Buttered Peas Fruit Cocktail W.W. Bread w/ Marg. Milk/Juice	Beef & Macaroni w/ Tomato Sauce Garden Salad w/ Dressing Applesauce Garlic Bread Milk/Juice	Turkey Burger on Bun Buttered Spinach Oven Baked Potatoes Fresh Banana Milk/Juice	Tuna Salad Pasta & Bean Salad Sliced Tomatoes Peaches W.W. Crackers (6) Milk/Juice

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